

So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

Ephesians 4:11-16

# Discipling:

Helping People Build  
Character and Conviction

Character is what we need  
to hold to our Convictions



“...we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone.”

I Thessalonians 5:14

How do we help  
someone build Character?

“...we boast in the hope of the glory of God. Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.”

Romans 5:2b-5

How do we help someone  
build Conviction?

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.

2 Timothy 3:16-17

# Discussion Questions

- Are you, leader, pursuing discipling in such a way that your character and convictions are growing? If not, why not? What would need to change?
- Use this time to talk through a personal issue, a situation with someone you are trying to disciple (anonymously), or a hypothetical situation. Whichever is most helpful. Is it a character or conviction issue or both? How can you help this person to be solutions focused?